

CERTIFICATE OF PARTICIPATION

This is to certify that

John van Onselen

Has successfully participated & completed the

5 km Hope Hike Ithemba Hope Hike 2023

held at Blaauwklippen Wine Estate.

TIME 00:30:43

PACE 06:07/km

OVERALL 5 of 102

GENDER 5 of 42

60 - 69 1 of 7

01 October 2023, Sun

Date



BoutTime

Signature

